

International Senshusei Program

Required age: 18 years or older (male or female). There are no upper age limits/restrictions, however please note that the course is considered extremely physically challenging.

Required Aikido level: None. Beginners are welcome.

Required Japanese language level: Some Japanese is recommended, although many students undertake the course with no knowledge of Japanese.

Course duration: beginning of April to end of February (11 months)

Location: Yoshinkan Aikido Honbu Dojo (Takadanobaba, Tokyo, Japan)

Tuition fees: JPY 32,400 per month. There are extra costs besides monthly tuition. These are entrance fee (JPY 10,800), registration fee (JPY 3,150), black belt fee (JPY22,000), instructor's license fee (JPY31,100), and dogi (size 4 costs JPY 7,730).

Equipment: No equipment is necessary; however participants will need at least three dogi for the year. These are available for purchase at Honbu dojo.

Course capacity: 10 persons. Participants are chosen depending on attitude, motivation, and fitness.

Application process: prepare documents 1-4 as below and send to Honbu dojo in an enveloped marked "Senshusei Application".

Application mailing address:

Yoshinkan Aikido Honbu Dojo
Toyo Building, Second Floor
Takadanobaba 4-17-15
Shinjuku-ku, Tokyo
JAPAN

Application deadline: February 27th

Necessary documents:

1. Senshusei application form
2. Doctor's note in English (stating you are in healthy condition)
3. Resume
4. Three-page essay, typed, stating your reasons and purpose for undertaking the course.

Acceptance: Honbu Dojo will decide in the order in which applications are received.

Contact info: For questions or concerns, please contact **Masahiko Noriki** at ayfs@carol.ocn.ne.jp, or call +81 3-3368-5556.

Miscellaneous: It is possible to join in the dojo's sports insurance program (JPY1,850 per year).