

Senshusei Q & A

1. Do I need to know Japanese?

Some knowledge of Japanese is recommended, but many students undertake the course and have graduated with no knowledge of Japanese.

2. How much is the Senshusei course for the entire year?

The Senshusei course is roughly 450,000yen for the entire year.

3. Are accommodation and food included in the package?

No, accommodation and food are not included, nor offered. Applicants are responsible for finding their own accommodation in Tokyo. There are cheap dormitory-style guesthouses in Tokyo, for about 40,000JPY a month.

4. On your site, it shows 4 hours per day training. Are the rest of the classes optional? I saw you have night classes as well.

Yes, the rest of the classes are optional.

5. What is a typical day like?

Senshusei are expected to be in the dojo by 7:30am, and will leave around 2:30pm. The day consists mainly of training and cleaning. There are short breaks in between training.

6. Would I be free to explore the city on days off?

Sundays and Mondays are typically free days, where you can do whatever you like. However, there are some Sundays and Mondays where Senshusei are expected to be at the dojo. This will be announced ahead of time. Please note that, during your year of training, you are expected to make the dojo and your Aikido training your priority above all else.

7. The application contains information for the current instructor to denote grade. I have no Aikido experience. Is this program open to me as well?

Yes, the course is open to those with no experience in Yoshinkan Aikido, or any other martial art.