

# International Senshusei Program

**Required age:** 18 years or older (male or female). There are no upper age limits/restrictions, however please note that the course is considered extremely physically challenging.

**Required Aikido level:** None. Beginners are welcome.

**Required Japanese language level:** Some Japanese is recommended, although many students undertake the course with no knowledge of Japanese.

**Course duration:** beginning of April to end of February (11 months)

**Required visa:** Honbu Dojo will sponsor committed individuals for a 1-year cultural visa (this is categorized as Non-work visa)

**Location:** Yoshinkan Aikido Honbu Dojo (Takadanobaba, Tokyo, Japan)

**Tuition fees:** JPY 32,400 per month.

There are extra costs besides monthly tuition;

JPY 10,800 (entrance fee), JPY 3,150 (registration fee) and, if needed, approx. JPY 7,730

(dogi size4)\*3set at the beginning of the course,

approx. JPY 20,000 (summer camp accommodation) in July,

JPY 22,000 (black belt fee) and JPY31,100 (instructor's license fee) upon passing the corresponding tests

**Equipment:** No equipment is necessary; however participants will need at least three dogi for the year. These are available for purchase at Honbu dojo.

**Course capacity:** 10 persons. Participants are chosen depending on attitude, motivation, and fitness.

**Application process:** prepare documents 1-4 as below and send to Honbu dojo in an enveloped marked "Senshusei Application".

**Application mailing address:**

Yoshinkan Aikido Honbu Dojo

Toyo Building 2F, Takadanobaba 4-17-15, Shinjuku-ku, 169-0075 Tokyo, JAPAN

**Application deadline:** February 28<sup>th</sup>

**Necessary documents:**

1. Senshusei application form
2. Doctor's note in English (stating you are in healthy condition)
3. Resume
4. Three-page essay, typed, stating your reasons and purpose for undertaking the course.

**Acceptance:** Honbu Dojo will decide in the order in which applications are received.

**Contact info:** For questions or concerns, please contact us at [ayfs@carol.ocn.ne.jp](mailto:ayfs@carol.ocn.ne.jp), or call +81 3-3368-5556.

**Miscellaneous:** It is possible to join in the dojo's sports insurance program (JPY1,850 per year).